

**Columbines School of Botanical Studies  
Second Year Field Program  
Trip #8 Highlights  
*Oplopanax horridus*  
June 19, 2016**

**Middle Elevation Coniferous Woods and Riparian Zones**

Located, harvested, processed *Maianthemum stellatum* (*Smilacina s.*) for honey

Located, harvested, processed *Oplopanax horridus* for tincture

Tasted *Oplopanax horridus*

Herbal concepts review