

**Columbines School of Botanical Studies**  
**Class Highlights Trip 19-20**  
**August 25-26, 27-28, 2016**

**Places Visited:**

Low elevation coniferous woods and riparian

Middle elevation coniferous woods, marsh, meadow, clearcut, partial cut

**Topics covered:**

Keyed out *Angelica genuflexa*, *Cicuta douglasii*, and *Senecio jacobea*

Locating *Angelica genuflexa* root and seed

Habitat of *Angelica genuflexa*

Harvested *Angelica genuflexa* seed and root for tincture

Meadow locating exercise

Poisons: *Cicuta douglasii*, *Aconitum columbianum*

Safety with Apiaceae (Umbelliferae)

Wildcrafting Principles: Remember ecology, look year round. What you see now is only one frame of an ongoing movie that lasts all year round.

Now you know how to identify saprophytes when they are dead (senescent); use this information to harvest ethically in the spring.

Low elevation review walk