

Herbal Smoking Mixtures Workshop By Howie Brounstein

Columbines School of Botanical Studies and author of “Herbal Smoking Mixtures,” a groundbreaking Etext released over 20 years ago

www.botanicalstudies.net/herbalism/smoking.php



This 3 hour intensive workshop includes reasons why people smoke, herbs to quit smoking, herbs for body and flavor, preparing mixtures, and ceremonial, recreational, and medicinal uses of herbal smokes. We will discuss and sample specific smoking herbs and explore the intricacies of developing your own mixture. Bring a clean pipe or a pack of rolling papers.

**\$45 includes free smoking samples
\$20 deposit required**

**Wednesday July 18, 2018
6 PM to 9 PM**

**At Columbines School of Botanical
Studies, in Eugene, Oregon**



For more information or to register call 541.687.7114

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