

Columbines School of Botanical Studies
Spring Apprenticeship Program
Trip #7 Meadow Locating Techniques

May 31, June 1, 4, 2019

[Back to Plantlist Page](#)

Middle Elevation Coniferous Woods, Meadows, and Riparian 3200'

Middle Elevation Coniferous Woods, Meadows, and Riparian 3600'

Middle Elevation Coniferous Woods, Meadows, and Riparian 3400'

Family	Genus	Name	Uses
Araceae			
	<i>Lysichiton americanus</i> (L. americanum)	Skunk Cabbage	+/- Edible
Melanthiaceae (Liliaceae)			
	<i>Trillium ovatum</i>	Trillium	No Pick
	<i>Xerophyllum tenax</i>	Beargrass	Edible, Fiber
Liliaceae			
	<i>Prosartes hookeri</i> (Disporum h.)	Fairy Bells	Cathartic
Papaveraceae (Fumariaceae)			
	<i>Dicentra formosa</i>	Bleeding Hearts	Poisonous
Berberidaceae			
	<i>Achlys triphylla</i>	Vanilla Leaf	Edible, Medicinal
	<i>Berberis nervosa</i>	Oregon Grape	Edible, Medicinal
Ranunculaceae			
	<i>Anemone lyallii</i>	Small Windflower	Poisonous
	<i>Anemone oregana</i>	Small Windflower	Poisonous
	<i>Caltha biflora</i>	Marsh Marigold	Edible, Medicinal
	<i>Ranunculus populago</i>	Marsh Buttercup	Poisonous
Grossulariaceae			
	<i>Ribes lacustre</i>	Swamp Currant	Edible
	<i>Ribes lobbii</i>	Gummy gooseberry	Edible
Rosaceae			
	<i>Fragaria cf. virginiana</i>	Wild Strawberry	Edible, Medicinal
	<i>Rubus spectabilis</i>	Salmonberry	Edible, Medicinal
Celastraceae			
	<i>Paxistima myrsinites</i> (Pachistima m.)	Oregon Box	Ornamental
Violaceae			
	<i>Viola adunca</i>	Field Violet	Choice edible
	<i>Viola glabella</i>	Woods Violet	Choice edible
	<i>Viola nutallii</i>	Prairie Violet	Choice edible
	<i>Viola palustris</i>	Marsh Violet	Choice edible

Columbines School of Botanical Studies
Spring Apprenticeship Program
Trip #7 Meadow Locating Techniques

Family	Genus	Name	Uses
Caryophyllaceae			
	<i>Moehringia macrophylla</i> (<i>Arenaria macrop</i>	Large Sandwort	
Primulaceae			
	<i>Dodecatheon jeffreyi</i>	Shooting Star	Edible
Ericaceae			
	<i>Kalmia microphylla</i> var. <i>occidentalis</i> (K. <i>occidentalis</i>)	Swamp Laurel	Poisonous
	<i>Vaccinium membranaceum</i>	Huckleberry	Edible, Medicinal
	<i>Vaccinium ovalifolium</i>	Huckleberry	Edible, Medicinal
Orobanchaceae (Schrophulariaceae)			
	<i>Pedicularis groenlandica</i>	Elephant's Head	Medicinal
Asteraceae (Compositae)			
	<i>Petasites frigidus</i>	Western Coltsfoot	Edible w caution, Medicinal
Valerianaceae			
	<i>Valeriana sitchensis</i>	Valerian	Medicinal
Animal Interactions			
Beaver chews			
Beaver constructions in creek			
Bedding spots			
Brown frogs			
Elk ate <i>Carex</i> spp.			
Elk ate <i>Lysichiton americanus</i>			
Elk scat			
Elk scat (Runny)			
Giant ant hill (2)			
Natural oil slicks			
Vole mounds			