

Columbines School of Botanical Studies
Spring Apprenticeship Program
Trip #2 Liliaceae

April 16, 17, 20, 2021

Low Elevation Riparian Zone and Coniferous Woods 2000'

Family	Genus	Name	Uses
Araceae	Lysichiton americanus (L. americanum)	Skunk Cabbage	-/+ Edible
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Melanthiaceae (Liliaceae)	Trillium ovatum	Birth Root	No Pick
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Orchidaceae	Calypso bulbosa	Calypso Orchid	No Pick
-			
Papaveraceae (Fumariaceae)	Dicentra formosa	Bleeding Hearts	Poisonous, Medicinal
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Berberidaceae	Mahonia nervosa (Berberis n.)	Mountain Oregon Grape	Edible, Medicinal
-			
Ranunculaceae	Anemone lyallii	Small Windflower	Poisonous
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Rosaceae	Oemleria cerasiformis	Osoberry	Edible
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Violaceae	Viola glabella	Woods Violet	Edible (Choice)
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Plantaginaceae (Scrophulariaceae)	Synthyris reniformis	Snow Queen	Edibility unknown
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Asteraceae (Compositae)	Petasites frigidus	Western Coltsfoot	Edible, Medicinal (PA's)
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Valerianaceae	Valeriana scouleri	Low-elevation Valerian	Medicinal
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<http://www.botanicalstudies.net/botany/plantlists.php>