

Columbines School of Botanical Studies
Spring Apprenticeship Program
Trip #10 Pedicularis

June 18, 19, 22, 2021

Middle Elevation Coniferous Woods, Riparian, and Meadow 3750'

<http://www.botanicalstudies.net/botany/plantlists.php>

Family	Genus	Name	Uses
Araceae			
	Lysichiton americanus (L. americanum)	Skunk Cabbage	+/- Edible
Melanthiaceae (Liliaceae)			
	Trillium ovatum	Trillium	No Pick
Liliaceae			
	Prosartes hookeri (Disporum h.)	Fairy Bells	+/- Edible berries
	Streptopus lanceolatus (S. roseus)	Rosy Twisted Stalk	+/- Edible
Orchidaceae			
	Corallorhiza mertensiana	Purple Coral Root	No Pick
Asparagaceae (Liliaceae)			
	Maianthemum stellatum (Smilacina stellata)	Small False Solomon's Seal	Medicinal
Aristolochiaceae			
	Asarum caudatum	Wild Ginger	Spice, Medicinal
Papaveraceae (Fumariaceae)			
	Dicentra formosa	Bleeding Hearts	Poisonous
Berberidaceae			
	Achlys triphylla	Vanilla Leaf	Edible
	Mahonia nervosa (Berberis n.)	Oregon Grape	Edible, Medicinal
Ranunculaceae			
	Actaea rubra	Baneberry	Poisonous, Medicinal
	Anemone deltoidea	Large Windflower	Poisonous
	Caltha biflora	Marsh Marigold	Edible, Medicinal
	Coptis laciniata	Gold thread	Medicinal
	Ranunculus populago	Marsh Buttercup	Poisonous
Grossulariaceae			
	Ribes bracteosum	Stinking Black Currant	Edible, Medicinal
	Ribes lacustre	Swamp Currant	Edible, Medicinal

Columbines School of Botanical Studies
Spring Apprenticeship Program
Trip #10 Pedicularis

Family	Genus	Name	Uses
Saxifragaceae			
	<i>Heuchera micrantha</i>	Alum Root	Edible, Medicinal
	<i>Pectiantia ovalis</i> (Mitella o.)	Small Bishop's Cap	Edibility Unknown
	<i>Pectiantia pentandra</i> (Mitella p.)	Bishop's Cap	Edibility Unknown
Crassulaceae			
	<i>Sedum</i> sp.	Stonecrop	Edible
Rosaceae			
	<i>Rubus spectabilis</i>	Salmon Berry	Edible (Choice), Medicinal
Celastraceae			
	<i>Paxistima myrsinites</i> (<i>Pachistima</i> m.)	Oregon Box	Ornamental
Oxalidaceae			
	<i>Oxalis oregana</i>	Wood Sorrel	Edible
Violaceae			
	<i>Viola glabella</i>	Woods Violet	Edible
	<i>Viola palustris</i>	Marsh Violet	Edible
Montiaceae (Portulacaceae)			
	<i>Claytonia cordifolia</i> (<i>Montia</i> c.)	Heart Leafed Montia	Choice edible
	<i>Claytonia sibirica</i> (<i>Montia</i> s.)	Candy Flower	Edible
Primulaceae			
	<i>Dodecatheon jeffreyi</i>	Shooting Star	Edible
Ericaceae			
	<i>Chimaphila menziesii</i>	Small Pipsissewa	Medicinal
	<i>Rhododendron menziesii</i> (<i>Menziesia ferruginea</i>)	Fool's Huckleberry	Poisonous
	<i>Vaccinium ovalifolium</i>	Huckleberry	Edible (Choice), Medicinal
Boraginaceae			
	<i>Mertensia paniculata</i>	Oregon Bluebells	Edible, Medicinal
Hydrophyllaceae			
	<i>Hydrophyllum tenuipes</i>	Waterleaf	Edible
Plantaginaceae (Scrophulariaceae)			
	<i>Penstemon</i> sp.	Penstemon	Medicinal

Columbines School of Botanical Studies
Spring Apprenticeship Program
Trip #10 Pedicularis

Family	Genus	Name	Uses
Orobanchaceae (Scrophulariaceae)			
	<i>Pedicularis groenlandica</i>	Elephant's Head	Medicinal
Asteraceae (Compositae)			
	<i>Senecio triangularis</i>	Arrow Leafed Grousel	Poisonous (PA's)
Araliaceae			
	<i>Oplopanax horridus</i> (O. horridum)	Devil's Club	Medicinal
Animal Interactions			
	Gopher		
	<i>Taricha granulosa</i>	Orange Bellied Newt	