

Columbines School of Botanical Studies
 Spring Apprenticeship Program
 Trip #4 *Berberis nervosa*

April 28, 29, 2023

Low Elevation Coniferous Woods 2000'

Family	Genus	Name	Uses
Melanthiaceae (Liliaceae)	Trillium ovatum	Birth Root	No Pick
Orchidaceae	Calypso bulbosa	Calypso Orchid	No Pick
Berberidaceae	Mahonia nervosa (Berberis n.)	Mountain Oregon Grape	Edible, Medicinal
Ranunculaceae	Anemone lyallii	Small Windflower	Poisonous
Grossulariaceae	Ribes sanguineum	Red Flowering Currant	Edible
Violaceae	Viola glabella	Woods Violet	Edible (Choice)
Plantaginaceae (Scrophulariaceae)	Synthyris reniformis	Snow Queen	Edibility unknown
Asteraceae (Compositae)	Petasites frigidus	Western Coltsfoot	Edible, Medicinal (PA's)

<http://www.botanicalstudies.net/botany/plantlists.php>

Columbines School of Botanical Studies
***Mahonia nervosa* (*Berberis n.*)**
Field Trip #4

Wildcrafting Principles

Botany

Asteraceae: Flowers in heads, a whorl of bracts that look like sepals (sepaloid)

Keyed out: *Mahonia nervosa* (*Berberis n.*)

Low Elevation Coniferous Woods

Tasted *Mahonia nervosa* (*Berberis n.*) root bark

Locating, harvesting, and processing *Mahonia nervosa* (*Berberis n.*)

Made *Mahonia nervosa* (*Berberis n.*) tincture