

Columbines School of Botanical Studies
Spring Apprenticeship Program
Trip #10 Meadow Locating

June 21, 22, 2024

Middle Elevation Coniferous Woods, Riparian, and Meadow 2524', 4005'
<http://www.botanicalstudies.net/botany/plantlists.php>

Family	Genus	Name	Uses
Araceae			
	Lysichiton americanus (L. americanum)	Skunk Cabbage	+/- Edible
Melanthiaceae (Liliaceae)			
	Trillium ovatum	Trillium	No Pick
	Veratrum sp.	False Hellebore	Poison
Liliaceae			
	Prosartes hookeri (Disporum h.)	Fairy Bells	+/- Edible berries
	Streptopus amplexifolius	Twisted Stalk	+/- Edible
Orchidaceae			
	Corallorhiza mertensiana	Purple Coral Root	No Pick
Iridaceae			
	Iris tenax	Iris	Medicine
Asparagaceae (Liliaceae)			
	Maianthemum stellatum (Smilacina stellata)	Small False Solomon's Seal	Medicinal
Berberidaceae			
	Achlys triphylla	Vanilla Leaf	Edible
	Mahonia nervosa (Berberis n.)	Oregon Grape	Edible, Medicinal
Ranunculaceae			
	Actaea rubra	Baneberry	Poisonous, Medicinal
	Anemone deltoidea	Large Windflower	Poisonous
	Caltha biflora	Marsh Marigold	Edible, Medicinal
	Ranunculus populago	Marsh Buttercup	Poisonous
Grossulariaceae			
	Ribes bracteosum	Stinking Black Currant	Edible, Medicinal
	Ribes lacustre	Swamp Currant	Edible, Medicinal
Saxifragaceae			

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Trip #10 Pedicularis

Family	Genus	Name	Uses
Saxifraga	Brewerimitella breweri	Small Bishop's Cap	Edibility Unknown
Crassulaceae			
	Sedum oregonum	Stonecrop	Edible
Rosaceae			
	Rubus spectabilis	Salmon Berry	Edible (Choice), Medicinal
Oxalidaceae			
	Oxalis oregana	Wood Sorrel	Edible
Violaceae			
	Viola glabella	Woods Violet	Edible
	Viola palustris	Marsh Violet	Edible
Montiaceae (Portulacaceae)			
	Claytonia cordifolia (Montia c.)	Heart Leafed Montia	Choice edible
	Claytonia sibirica (Montia s.)	Candy Flower	Edible
	Montia parvifolia	Small Leaf Montia	Edible
Primulaceae			
	Primula jeffreyi (Dodecatheon j.)	Shooting Star	Edible
Plantaginaceae (Scrophulariaceae)			
	Penstemon sp.	Penstemon	Medicinal
Asteraceae (Compositae)			
	Senecio triangularis	Arrow Leafed Grounel	Poisonous (PA's)
Araliaceae			
	Oplopanax horridus (O. horridum)	Devil's Club	Medicinal
Animal Interactions			
	Gopher castings		
	Taricha granulosa	Orange Bellied Newt	