

Columbines School of Botanical Studies
Spring Apprenticeship Program
Trip #4 *Berberis nervosa*

Saturday, May 3, 2025

Low Elevation Coniferous Woods 1726'

Family	Genus	Name	Uses
Melanthiaceae (Liliaceae)	Trillium ovatum	Birth Root	No Pick
Liliaceae	Prosartes hookeri (Disporum h.)	Fairy Bells	Edible
Orchidaceae	Calypso bulbosa	Calypso Orchid	No Pick
Papaveraceae (Fumariaceae)	Dicentra formosa	Bleeding Hearts	Poisonous
Berberidaceae	Mahonia nervosa (Berberis n.)	Mountain Oregon Grape	Edible, Medicinal
Grossulariaceae	Ribes sanguineum	Red Flowering Currant	Edible
Violaceae	Viola glabella	Woods Violet	Edible (Choice)
Aceraceae	Acer macrophyllum	Big leaf Maple	Edible (Choice)
Cornaceae	Cornus nuttallii	Dogwood	Medicinal
Ericaceae	Vaccinium parvifolium	Red Huckleberry	Edible, Medicinal
Asteraceae (Compositae)	Petasites frigidus	Western Coltsfoot	Edible, Medicinal (PA's)
Valerianaceae	Valeriana scouleri	Low-elevation Valerian	Medicinal

<http://www.botanicalstudies.net/botany/plantlists.php>

Columbines School of Botanical Studies
***Mahonia nervosa* (*Berberis n.*)**
Field Trip #4

Wildcrafting Principles

Botany

Keyed out: *Mahonia nervosa* (*Berberis n.*)

Low Elevation Coniferous Woods

Tasted *Mahonia nervosa* (*Berberis n.*) root bark and *Valeriana
sitchensis* root

Locating, harvesting, and processing *Mahonia nervosa* (*Berberis n.*)

Made *Mahonia nervosa* (*Berberis n.*) tincture