

Columbines School of Botanical Studies

Spring Apprenticeship Program

Trip #10 Meadow Locating

June 21, 2025

Middle Elevation Coniferous Woods, Riparian, and Meadow 2524', 4005'

<http://www.botanicalstudies.net/botany/plantlists.php>

Family	Genus	Name	Uses
Melanthiaceae (Liliaceae)			
	Trillium ovatum	Trillium	No Pick
Liliaceae			
	Clintonia uniflora	Queen's Cup	Edibility Unknown
Orchidaceae			
	Corallorhiza mertensiana	Purple Coral Root	No Pick
Asparagaceae (Liliaceae)			
	Maianthemum racemosum (Smilacina racemosa)	Large False Solomon's Seal	Medicinal
	Maianthemum stellatum (Smilacina stellata)	Small False Solomon's Seal	Medicinal
Aristolochiaceae			
	Asarum caudatum	Wild Ginger	Spice, Medicinal
Berberidaceae			
	Achlys triphylla	Vanilla Leaf	Edible
	Mahonia nervosa (Berberis n.)	Oregon Grape	Edible, Medicinal
Ranunculaceae			
	Actaea rubra	Baneberry	Poisonous, Medicinal
	Anemone deltoidea	Large Windflower	Poisonous
Grossulariaceae			
	Ribes lacustre	Swamp Currant	Edible, Medicinal
Rosaceae			
	Rubus nutkanus (R. parviflorus)	Thimbleberry	Edible (Choice), Medicinal
Ericaceae			
	Chimaphila menziesii	Small Pipsissewa	Medicinal
	Pyrola picta	White Veined Pyrola	Medicinal

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Trip #10 Pedicularis

Family	Genus	Name	Uses
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Araliaceae

Oplopanax horridus (O. horridum)	Devil's Club	Medicinal
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Animal Interactions

Taricha granulosa	Orange Bellied Newt
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