

Columbines School of Botanical Studies
2026 Graduate Program Further Botanical Studies
Pinus ponderosa Zone
June 7, 2026

Ponderosa Pine Zone and Riparian 2784'
Trip 6

<http://www.botanicalstudies.net/botany/plantlists.php>

Liliaceae

Lilium columbianum	Tiger Lily	No Pick	X
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Berberidaceae

Mahonia repens (Berberis r.)	Creeping Oregon Grape	Edible, Medicinal	X
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Ranunculaceae

Aquilegia formosa	Columbine	Poisonous	X
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Fabaceae (Leguminosae)

Acemispia sp.	Deer Vetch	Poisonous	X
Lupinus sp.	Lupine	Poisonous	X
Lupinus sp.	Fuzzy Lupine	Poisonous	X
Trifolium eriocephalum	Woolly Head Clover	Edible	X
Unidentified Yellow Pea			X
Vicia sp.	Vetch	Poison	X

Rosaceae

Fragaria virginiana	Wild Strawberry	Edible, Medicinal	X
Physocarpus capitatus	Ninebark	Fiber	X
Purshia tridentata	Bitterbrush	Medicinal	X
Rosa sp.	Rose	Edible, Medicinal	X

Rhamnaceae

Ceanothus velutinus	Red Root	Medicinal	X
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Onagraceae

Epilobium sp.	Willow Herb	Edible	X
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Montiaceae (Portulacaceae)

Claytonia parviflora (Montia perfoliata)	Miner's Lettuce	Edible	X
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Primulaceae

Lysimachia latifolia (Trientalis l.)	Starflower	Edible	X
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Ericaceae

Arctostaphylos patula	Manzanita	Edible, Medicinal	X
Pterospora andromedea	Pine Drops		X

Boraginaceae

Lithospermum ruderales	Gromwell, Stoneseed	Formerly Edible (PA's)	X
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Plantaginaceae (Scrophulariaceae)

Penstemon peckii	Penstemon	Medicinal	X
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Asteraceae (Compositae)

Balsamorhiza sagittata	Arrow Leaf Balsam Root	Edible, Medicinal	X
Ericameria nauseosa	Rabbit Brush		X
Senecio triangularis	Arrow-leafed Groundsel	Poisonous (PA's)	X

Apiaceae (Umbelliferae)

Osmorhiza berteroi (O. chilensis)	Sweet Cicely	Edible	X
Osmorhiza occidentalis	Sweet Root	Medicinal	X